

Communication & Conflict Resolution

Understanding the Power of Both

Premise: We were created to communicate. In fact the word “man” in Genesis at the time of creation is translated in the Hebrew as “speaking spirit.” How we use our words is a powerful thing. We can use our words to bless or we can use our words to curse. Whatever you use your words for will bring forth a blessing or a curse in your own life.

Types of Communication

There are two types of communication. What are they?

Righteous and Wicked, can also be understood as healthy and unhealthy.

Give examples of righteous communication:

Speaking God’s word, truth, wisdom, kindness, blessing, etc.

Give examples of wicked communication:

Lies, cursing, deception, anger, rebellious, enticements (temptation) Prov. 7:21, abusive, etc.

Components of Communication

Name the components or parts of communication, and discuss each.

Speaking
listening and hearing
body language

Speaking ... What are you actually saying?

#1 Kindness – The Proverbs 31 Woman

On her tongue was the law of kindness. Kindness is not

#2 Blessing and Cursing

What is a curse? Very simply it’s the absence of blessing.

How many of you want the blessing of God?

Then don't speak words of curse over another's life. Prov 26:27 says, "Whoever digs a pit will fall into it..."

Blessing is defined as "**supernatural power working for you.**"

So you can say that cursing is supernatural power working against you. Blessing is a life empowered by God.

A curse is not the place of the devil by right, **but by allowance**. What does that mean? We have allowed the devil entrance into our life, when we really didn't have to. Don't give the devil place in your life or another by wicked speech.

Listening & Hearing

Tell me how listening and hearing can be different?

Listening brings the ability to hear. Sometimes we can appear to be listening when actually we are not. We appear to listen, but our attentiveness is elsewhere. When someone is talking to us, we should give our full attention to what is being said.

We cannot hear, unless we listen!

Hearing requires the following...

#1 Quietness

#2 Attention

So often we want to give an answer before we have listened and heard. As we wait in quietness giving our attention to listen, then we will know how to answer rightly.

Body Language

This is often times the most powerful form of communication.

What is body language?

#1 Actions – Actions speak louder than words!

#2 Facial Expressions

#3 Posture – Communicates our desire

Ask the Class to give some examples of Body Language

Folded arms, frowning, rolling of the eyes, sighs, eye contact, slouching, interruptions,

God created us to communicate

We were created to communicate...

#1 With God

#2 With Each other

The easiest way for the devil to pervert relationships is through misunderstanding. What we hear and what we say. If he can cause mis-communications between God and people, then he can stop the Gospel.

We must make it our determined purpose to communicate God's way so that the enemy cannot get a stronghold in our relationships, and therefore stop God's plan for our life.

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