

# Spiritual Growth

## Repairing & Rebuilding Firm Foundations In Christ

Session Ten

### Living In Everlasting Peace

#### Opening Prayer

#### Objectives

- ❖ Understand more clearly the nature of God – His plan, desire, and hope for our life.
- ❖ Learn what brings the peace of God.
- ❖ Understand what hinders the peace of God.
- ❖ Determine to obtain the peace of God.
- ❖ Allow correction to take place, which will bring the peace of God.

**Instructor's note:** share with the class

Before Jesus left this earth, He said, "Peace I leave with you, My peace I give to you not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid." (John 14:27) He went on to say, "These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good courage, I have overcome the world." (John 16:33)

#### What is God's peace?

*Isaiah 32:16-20 – Work of righteousness and the effect of righteousness, quietness, and assurance forever.*

James 3:17-18: Wisdom of God. "The wisdom from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without partiality and without hypocrisy. **Now the fruit of righteousness is sown in peace by those who make peace.**"

**What happens when we sow anything? We reap a bountiful harvest of it!!**

**What brings the peace of God into our lives?**

1) **Keep your mind stayed on Him** (Isaiah 26:3).

- 2) **Become a doer of the Word** (Philippians 4:9).
- 3) **Walk in unity** (Colossians 3:15). **DON'T ALLOW DIVISION IN!** (Romans 16:17-20)
- 4) Don't allow yourself to **carry care or be anxious** (Philippians 4:6-7).
- 5) Understand that God causes you to dwell in safety (Psalm 4:8).
- 6) **Believe and receive** the peace that Jesus left you (John 14:27).
- 7) **Peace is a gift from God**; it strengthens us (Psalm 29:11).
- 8) **Seek peace and pursue it** (Psalm 34:14).
- 9) **Love God's law** (Psalm 119:165).

### What hinders the peace of God?

- 1) **Unforgiveness**: If you have not forgiven yourself and those who have hurt you, then you are walking in all of the following. Forgiveness brings peace.
- 2) **Disobedience!** (Philippians 4:9)
- 3) **Divisions, strife, envy, disunity, contention, rebellion, and disagreement.** (Romans 16:17-20)
- 4) **Carrying cares**: Anxiety, fretting, worrying, being consumed with past events.

### **Remind the class**

We must seek to do things God's way. His way brings peace and peace brings freedom. Freedom from shame, guilt, condemnation, anger, hurt, and stress. Let's not forget we are on the path to restoration in our individual lives, which requires acknowledgement, confession, and repentance. It means allowing God to correct us and then choosing His way. Let's all stand and think to ourselves about one area in our lives that we need God to give us peace in, now ask God to show you His way in that situation. If you need to repent for what you've done then do so quickly so that His peace can come. Now let's thank Him for His mercy and loving kindness that has brought the correction, as well as the great peace He is pouring out right now. Psalm 107:25-32